## <u>MANCHESTER & DISTRICT TIME TRIALS ASSOCIATION</u> <u>OPEN 50 MILE TIME TRIAL</u>

#### Incorporating the M&DTTA 50 CHAMPIONSHIP & M&DLCA 50 CHAMPIONSHIP PLUS ROUND 3 OF THE M&DTTA MIDDLE DISTANCE CHAMPIONSHIP & ROUND 15 OF THE CHESHIRE COURSES POINTS COMPETITION

to be held on Saturday, 4<sup>th</sup> September 2021 Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations

<u>Course</u> : J4/9	Event Sec: Ian Ross
Timekeepers: Jim Williams & Martin Jackson	26 Brook Road
Handicap using CTT Standard Tables	Lymm
Start: 13:01	Cheshire WA13 9AH
Event HQ: Cranage Village Hall CW4 8EQ, Grid Ref SJ753685	Tel: 01925 755080
On A50 ¾ miles north of Holmes Chapel & ¾ miles south of Twemlow	w Lane mob: 07775953979
Open from 11:30	

## Prize Values & Awards

1 <sup>st</sup> Fastest	£40	1 <sup>st</sup> Vet on Standard	£35
2 <sup>nd</sup> Fastest	£35	2 <sup>nd</sup> Vet on Standard	£30
3 <sup>rd</sup> Fastest	£30	1 <sup>st</sup> Handicap	£30

One rider one prize

#### **M&DTTA 50 Championship**

1<sup>st</sup> Fastest M&DTTA rider to hold the BILL HEATON TROPHY for one year + Association Medal.

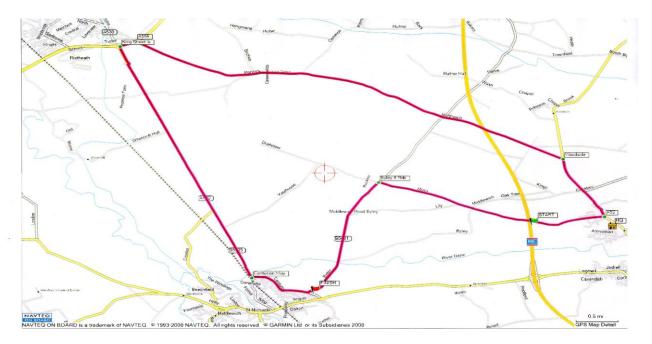
1<sup>st</sup> Handicap M&DTTA rider to hold the STEVENSON CUP for one year + Association Medal.

1<sup>st</sup> Fastest M&DTTA lady - Plaque

1<sup>st</sup> Team of 3 M&DTTA riders (Bidlake System) to hold the MERCURY CHALLENGE TROPHY for one year + Association Medals.

## M&DLCA Open 50 Championship

1<sup>st</sup> Fastest Lady to hold the L. H. BROOKS TROPHY for one year + £30
2<sup>nd</sup> Fastest Lady £25
1<sup>st</sup> M&DLCA Vet on standard – Certificate
Fastest Team of 2 riders (aggregate) to hold the M&DLCA Team Shield for one year



## **Course Details (J4/9)**

Start in Byley Lane, at the 10<sup>th</sup> fence post east of yellow "Underground Cable" marker, on east side of M6 bridge, outside Cranrose Equestrian Centre and Rose Bank Farm. Proceed east to Cranage (CARE at junction) 0.478 miles. Left along A50 to Woodside Northwich Road (Pennys Lane) 1.404 miles, left along B5082 Northwich Road to join A556 at Rudheath (CARE at junction) 5.590 miles, left along A556 to King Street Island 5.735 miles. Take the 1<sup>st</sup> exit left along the A530/B5309 to traffic lights at Centurion Way 9.350 miles, filter left at the lights via an un-named traffic island to Byley Road corner (Kinderton) 9.912 miles. Left along B5801 to Byley Cross Roads 11.725 miles, turn RIGHT WITH CARE into Moss Lane/Byley Lane, pass through the Start 13.334 miles to commence a 2<sup>nd</sup> lap. Cranage (CARE at junction) 13.822 miles, Woodside 14.748 miles, Rudheath (CARE at junction) 18.934 miles, King Street Island 19.079 miles, Centurion Way lights 22.694 miles, Byley Road corner 23.256 miles, Byley Cross Roads 25.069 miles, Start 26.688 miles to commence a 3<sup>rd</sup> lap. Cranage (CARE at junction) 27.166 miles, Woodside 28.092 miles, Rudheath (CARE at junction) 32.278 miles, King Street Island 32.423 miles, Centurion Way lights 36.038 miles, Byley Road corner 36.600 miles, Byley Cross Roads 38.413 miles, Start 40.032 miles to commence a 4<sup>th</sup> lap. Cranage (CARE at junction) 40.510 miles, Woodside 41.436 miles, Rudheath (CARE at junction) 45.622 miles, King Street Island 45.767 miles, Centurion Way lights 49.382 miles, Byley Road corner 49.944 miles, to FINISH on B5801 at the first grid on left, after the entrance to Kinderton Hall 50.000 miles.

# Numbers will be available at the HQ. You must sign on when collecting your number and sign out when returning your number. Failure to do so will result in you being classified as DNF.

#### Warnings:

#### Care at road junctions:

Riders must exercise caution at all junctions. Any competitor whose riding line causes her/him to cross the white line when approaching or leaving a junction will be liable to disqualification from the event and may be reported to the District Committee for further disciplinary action.

A competitor who swings out to the right before executing a left turn should ensure that the road behind is clear of traffic before doing so. The practice is not encouraged by the District Committee and competitors who ride in this manner are warned that in many circumstances this manoeuvre will be regarded as a contravention of regulation 47(i), (iii), (v).

## No U-Turns

Riders must not perform U turns in the vicinity of the start or finish of the event. Riders observed performing U turns will be reported to the District Committee who will consider disciplinary proceedings.

# Safe riding

Riding with your head down such that you do not have a good view of the road ahead is dangerous - please watch out for potholes, obstacles, and other road users.

Marshalls do not have the authority to control other road users, so please take care.

# Helmets

It is strongly advised for your own safety that you wear a hard-shell helmet that meets an internationally accepted safety standard.

All competitors who will be under the age of 19 on 31<sup>st</sup> December of this year MUST wear a properly affixed helmet of hard/soft shell construction. For these riders, a helmet is required (CTT Reg 15), instead of just strongly advised.

# Rear Light

CTT Reg 14(i) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

## Other notes

A competitor overtaking another must pass without receiving or giving shelter. The onus of avoiding company riding shall be upon the rider overtaken. (CTT Reg 21)

# **Covid Precautions**

CTT has issued two PDF documents, a Covid-19 Risk Assessment and "Putting on a Cycling Time Trials Event during COVID19". If you haven't already read these, please download from the CTT website and read them carefully. These are the key messages: -

- Competitors should not attend if they feel ill in ANY way especially if they or family members have any Covid19 symptoms.
- Vehicle parking is provided at Cranage Village Hall.
- The Village Hall building will be operated on a one-way system for access to the toilet area.
- There are men's and women's toilets: one in one out, wear a mask and queue outside 2 metres apart if necessary. Users will have to apply hand sanitizer on entry.
- There are no changing facilities at the HQ, please come dressed ready to ride.
- No more than THREE riders are allowed to queue at the start, so time your arrival accordingly or wait on Byley Lane suitably spaced until your turn.
- Do not leave any clothing, bottles etc at the start.
- No assisted push-off. Riders will have to set off unassisted from the Start timekeeper. Do not cross the start point until you get the signal from the timekeeper.
- There are no HQ catering facilities. Please bring your own post-ride recovery snacks and drinks.
- There is no public display Results Board, results will be available on the CTT website after the event. Please return to HQ promptly to sign out with your own pen, and return your number. Then please go home and do not congregate.
- Do not approach the timekeepers or any other officials.

# Order of Start

<u>No</u>	<u>Name</u>		<u>Club</u>	<u>Cat</u>	<u>Standard</u>	<u>H.Cap</u>	<u>Start</u>
1	Lesley	Norbury	Congleton CC	LV	2:42:11	51:38	13:01
2	Rhianna	Parkinson	Salford Cycling Club	LS		NQT	13:02
3	Claire	Harrison	Congleton CC	LV	2:30:20	25:19	13:03
4	Toni	Senior	Rugby Velo	LV	2:27:38	NQT	13:04
5	Lucy	Rogers	Congleton CC	LV	2:32:54	23:01	13:05
6							13:06
7							13:07
8							13:08
9							13:09
10	Matthew	Larkins	Withington Wheelers	S		NQT	13:10
11	Daniel	Mathers	Seamons CC	V	2:17:46	17:33	13:11
12	Paul	Lawton	Birkenhead North End CC	S		NQT	13:12
13	Phil	Pearce	West Pennine Road Club	V	2:17:20	NQT	13:13
14	Paul	Timms	Rochdale Tri Club	V	2:15:43	NQT	13:14
15	Jonathan	Lloyd	Westmead Team 88	V	2:20:08	09:52	13:15
16	Henry	Moss	Barrow Central Wheelers	S		26:25	13:16
17	Andy	Whitehead	Seamons CC	V	2:22:56	36:13	13:17
18	Andy	Griffin	Manchester Wheelers	V	2:18:13	39:24	13:18
19	Tim	Byrne	Stockport Tri Club	V	2:20:39	NQT	13:19
20	Alastair	Ribbands	Manchester Wheelers	S		10:05	13:20
21	Phil	Gayes	Leek CC - Den Engel Belgian Bar	V	2:19:09	14:24	13:21
22	Jamie	Pleavin	Liverpool Century RC	V	2:18:40	28:03	13:22
23	Philip	Gleave	Congleton CC	S		16:08	13:23
24	Eddie	Hirst	St Helens Tri	V	2:16:55	18:40	13:24
25	Chris	Southworth	Manchester Bicycle Club	V	2:16:30	13:01	13:25
26	Kenny	Mitchell	East Lancashire RC	V	2:20:08	39:26	13:26
27	Keith	Large	Crewe Clarion Wheelers	V	2:18:13	23:29	13:27
28	Neil	Hollingsworth	Rochdale Tri Club	V	2:18:40	NQT	13:28
29	Simon	Diggins	Bury Clarion CC	V	2:17:46	27:22	13:29
30	Ben	Norbury	Congleton CC	S		07:57	13:30